Created by:

Alamogordo Public Schools

Health Services Department

1211 Hawaii Avenue

P.O. Box 650

Alamogordo, New Mexico 88311-0650



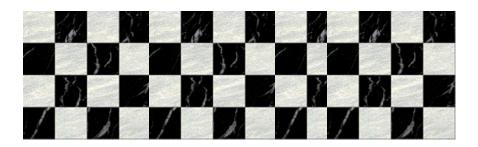
Lisa Patch, Director of Health Services

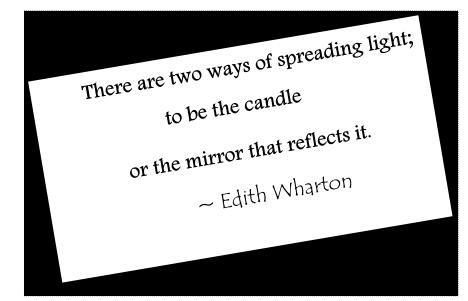
Office: 575-812-6095 – Fax: 575-812-6099 Email: Lisa.Patch@aps4kids.org

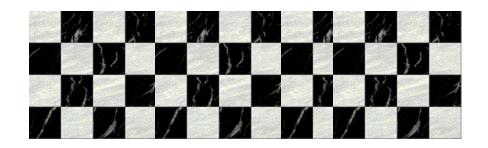
Community Mental Health School Resource Guide



February 2016









NOTES

Alamogordo Public Schools

Health Services

Director – Lisa Patch, MSN, RN NCSN

Mission

To Respectfully Promote Wellness and Provide Quality Holistic Healthcare for our School Community

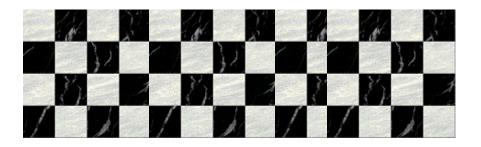
February 26, 2016

We appreciate the support of all the providers in putting this booklet together. We realize that we are all working toward a common goal of giving children the resources necessary to become successful. Whether you are a provider of services, family/friends of someone needing services or are looking for help yourself, we hope you find this booklet a helpful resource.

A special thank you to Carlynn Chapman, Administrative Assistant, Health Services Department and Steven Parra, Supervisor, Graphics Department, for putting this book together.

Respectfully,

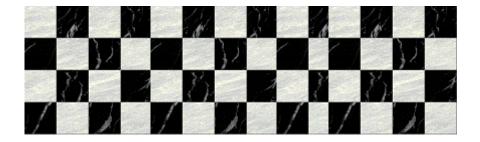
Lisa Patch Lisa Patch, MSN, RN, NCSN Director of Health Services



NOTES

There is no greater joy nor greater reward than to make a fundamental difference in someone's life.

`Sister Mary Rose McGeady



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Directory of School Nurses

Lisa Butcher	Holloman Primary - Ph: 575-812-6104 Holloman Middle - Ph: 575-812-6204
Lori Furr	MVMS 1:1
Cynthia Gigler	Buena Vista Elementary Ph: 575-812-5104
Deborah Graham	Desert Star Elementary Ph: 575-812-5754
Marissa Gregg	Chaparral Middle Ph: 575-812-6304
Joanne Gronewold	Ph: 575-812-5904
Brenda Guin	
Valerie Ham	Heights Elementary Ph: 575-812-5204
Kathy Huskey	Alamogordo High School Ph: 575-812-6504
Cara Julian-Alfaro	Sierra Elementary Ph: 575-812-5804
Cathy Krumwiede	North Elementary Ph: 575-812-5404 Academy Del Sol High School Ph: 575-812-5504 High Rolls Elementary Ph: 575-812-5275
Steven Meyer	Oregon Elementary Ph: 575-812-5604
Christine Woolen	La Luz Elementary Ph: 575-812-5304

NOTES

	Elementary Counselor	rs
Ronda Garcia	Yucca/Buena Vista/Yucca/ Oregon/Buena Vista	Yucca: 575-812-5913 Buena Vista: 575-812-5881 Oregon: 575-812-5615
Kelly Henley	Sierra/La Luz/Flex/Sierra La Luz	Sierr:a 575-812-5816 La Luz: 575-812-5316
Lynda Molyneaux	Desert Star/High Rolls Mt. Park	Desert Star: 575-812-5756 HRMP: 575-812-5276
Paula Moseley	Holloman Middle Holloman Elementary	HMS: 575-812-6215 HES: 575-812-6116
Vacant Position	North/North/Flex Heights/Heights	North: 575-812-5416 Heights: 575-812-5213
	Secondary Counselor	S
Beverly Taylor	Academy del Sol	575-812-5512
Melissa Adkins	Alamogordo High School 12th Grade	575-812-6521
Mark Sanchez	Alamogordo High School 11th Grade Counselor	575-812-6518
	Alamogordo High School 10 th Grade Counselor	575-812-6542
Sandra Wilder	Alamogordo High School 9 th Grade Counselor	575-812-5576
Jeremy Patton	Chaparral Middle	575-812-6317
Stephanie Rodriguez	Chaparral Middle	575-812-6318
Paula Moseley	Holloman Middle	575-812-6215
Teresa Hopkin	Mt. View Middle	575-812-6418
Jesus Suarez	Mt. View Middle	575-812-6417
	Director of Special Education	
		575-812-5975

Williams Counseling

1213 Michigan Ave. Alamogordo, NM 88310

CONTACT PERSON: Colleen M. Williams

CONTACT PHONE NUMBER: 575-491-3419

E-MAIL ADDRESS: colleen.m.williams.lpcc@gmail.com

WEBSITE: N/A

HOURS OF OPERATION: 10 A.M. to 7 P.M. Tuesday—Saturday

FEE:

PAYMENT OPTION: Most insurances accepted including Medicaid & Tricare

PROGRAM DESCRIPTION:

Treatment provided for most diagnoses to include substance addiction. Extensive training for trauma related issues.

AGE OF POPULATION SERVED: 10 to 80 years of age.

Turquoise Lodge Hospital

5901 Zuni SE Albuquerque, NM 87108

CONTACT PERSON: Tanya Tijerina

CONTACT PHONE NUMBER: 505-841-8978

E-MAIL ADDRESS: <u>Tanya.Tijerina@stat.nm.us</u>

WEBSITE: www.turquioselodge.org

HOURS OF OPERATION: 24-hour care

FEE: Admission is NOT contingent upon insurance approval.

PAYMENT OPTION:

PROGRAM DESCRIPTION:

Turquoise Lodge Hospital is currently accepting referrals for our Adolescent Substance Abuse Treatment Unit. Please fax all referrals to 505-383-1108/505-383-1189 or call 505-841-8978. ****Youth in need of specialized substance abuse treatment **Youth unable to maintain in an outpatient setting **Youth experiencing or at risk for significant withdrawal symptoms**

**Youth with a prior diagnosis of a co-occurring disorders **Youth in need of a safe and stable inpatient environment in order to develop recovery skills

Treatment includes medically managed detoxification, stabilization and rehabilitation services. Typical length of stay is approximately 30 days during which time participants take part in a variety of medical screenings, clinical assessments and treatment planning while receiving 24-hour care from licensed medical, nursing and clinical staff.

Programming includes: **Individual Therapy/Family Therapy/Group Therapy/Discharge Planning ****Psychiatric Services** **Educational Services 5 hours per day Monday—Friday

**Recreation Services (Kick Boxing, Hiking, Rock Climbing etc.)

AGE OF POPULATION SERVED: Male/Female 14-18 years

575-812-5978
575-812-5981
575-812-5493

Airman & Family Readiness Center

749 New Mexico Ave., Bldg. 788 Holloman AFB, NM 88330

CONTACT PERSON: LaurieAnn Goodier

CONTACT PHONE NUMBER: 575-572-7754

E-MAIL ADDRESS: 49fsc@us.af.mil

WEBSITE: www.hollomanfss.com (select community & family then click Airman & Family Readiness Center)

HOURS OF OPERATION: Monday—Friday 7:30 a.m. to 4:30 p.m.

FEE: None, free to eligible Department of Defense ID card holders.

PAYMENT OPTION: N/A

PROGRAM DESCRIPTION:

The Airman & Family Readiness Center (A&FRC) serves as the focal point for personal and family readiness. The center provides core functions such as information, counseling, financial management, family life, transition, volunteer and relocation assistance—all of which contribute to personal and family resiliency.

AGE OF POPULATION SERVED: Birth to death

Presbyterian Medical Services Behavioral Health Office

1900 E. Tenth St. Alamogordo, NM 88310

CONTACT PERSON: Ernesto Gutierrez, Administrator

CONTACT PHONE NUMBER: 575-437-7404

E-MAIL ADDRESS: <u>ernesto.gutierrez@pmsnm.org</u> WEBSITE: www.pmsnm.org

HOURS OF OPERATION: 8 A.M. to 5 P.M. Monday—Friday After hours/weekend crisis services

FEE: Varies case be case depending upon insurance. Sliding fee scale available.

PAYMENT OPTION: PMS accepts Medicaid, Medicare, and private insurance

PROGRAM DESCRIPTION:

As a non-profit community health center, PMS Alamogordo Behavioral Health Center offers the following services:

**Outpatient Therapy (individual, family, and group), **Comprehensive Community Support Services (CCSS), **Psychosocial Rehabilitation (PSR), psychiatric evaluations & medication management services, **And Crisis Intervention. PMS has a partnership with the New Mexico Crisis and Access Line for 24hour/7day a week crisis intervention (1-855-662-7474).

Our highly qualified personnel provide broad and flexible interventions to address behavioral health, substance use/abuse, and crisis treatments needs. Those seeking services with PMS will benefit from the integration of mental health and medical services as PMS also operates a medical clinic within the community.

AGE OF POPULATION SERVED: Children, adolescents, their families, and adults based upon their identified needs and established medical necessity.

Pregnancy Help Center

1222 N. White Sands Boulevard Alamogordo, NM 88310

CONTACT PERSON: Jane Richardson

CONTACT PHONE NUMBER: 575-434-5525

E-MAIL ADDRESS: janer@phcalamo.org

WEBSITE: phcalamo.org

HOURS OF OPERATION: 9 A.M.—4 P.M. Monday—Thursday

FEE: Free

PAYMENT OPTION:

PROGRAM DESCRIPTION:

1.) Offering free pregnancy testing and verifications of positive pregnancy test result for Medicaid by RN.

2.) Offering free first trimester limited ultrasound

3.) Building Blocks Mentoring Program—Earn while you learn. Earn Baby Items: clothes, diapers, etc. through learning about healthy pregnancy, baby love, parenting, finance, health & safety and relationship skills.

AGE OF POPULATION SERVED: Anyone that could be pregnant.

Ben Archer Health Center

2150US Hwy 54 S. Alamogordo, NM 88310

CONTACT PERSON: Tiana Behrendt, RN

CONTACT PHONE NUMBER: 575-443-8133

E-MAIL ADDRESS: tbehrendt@bahcnm.org

WEBSITE: bahcnm.org

HOURS OF OPERATION: 8 A.M. to 5 P.M. Monday, Wednesday & Friday

> 8 A.M. to 7 P.M. Tuesday & Thursday

FEE:

PAYMENT OPTION:

PROGRAM DESCRIPTION: Ben Archer Health Center Pediatrics.

AGE OF POPULATION SERVED: Newborn to 18 (21)

Bernalillo Academy

5400 Gibson Blvd., Suite A Albuquerque, NM 87108

CONTACT PERSON: Yvonne Gurule, Director of Marketing **CONTACT PHONE NUMBER:** 505-710-9210

E-MAIL ADDRESS: Y<u>vonne.Gurule@sequelyouthservices.com</u> **WEBSITE:** www.bernalilloacademy.org

HOURS OF OPERATION: 24 hours, 7 days a week

FEE: Medicaid and some commercial insurances accepted **PAYMENT OPTION:** Medicaid and some commercial insurances accepted

PROGRAM DESCRIPTION:

Bernalillo Academy is a 40 bed, sub acute Residential Treatment Center for boys and girls ages 4 - 18. We specialize in the treatment of Autism, including children that are non-verbal, and children with Developmental Disabilities with IQs as low as 40. whose behaviors significantly interfere with success in their home, school and community life. Bernalillo Academy provides a 24 hour on-site medical care and intensive, comprehensive psychiatry by three child and adolescent trained psychiatrists and low student to staff ratios. We provide Applied Behavior Analysis -based therapies, Sensory Integration and Intervention, individual, group and family therapy, Teletherapy and telepsychiatry, Equine and Pet Therapy, sand tray therapy, Yoga, American Sign Language, Trauma Informed Therapies and milieu, OT, PT, SLP and on-site educational services per FAPE and IDEA guidelines. We also provide Functional Behavior Assessments, Verbal Behavior Programs, Positive Behavior Support Plans, Feeding Programs, Adaptive Skill Building Programs, Social Skills Teaching, Individualized Behavioral Treatment and Self-Management Training. At Bernalillo Academy hablamos Espanol for Spanish as are all admission forms for families. Bernalillo Academy is Joint Commission Accredited and Licensed and Certified by the New Mexico Department of Children, Youth and Families. Bernalillo Academy is an AHCCCS Provider #720995.

AGE OF POPULATION SERVED: boys and girls ages 4—18 and up to 21 if admitted before their 18th birthday.

Peak Behavioral Health Services, LLC

5045 McNutt Santa Teresa, NM 88008

NAME OF CONTACT PERSON: Jay Thomas

CONTACT PHONE NUMBER: 575-589-3000

E-MAIL ADDRESS: jay.thomas@strategicbh.com

WEBSITE: www.peakbehavioral.com

HOURS OF OPERATION: 24 Hours a Day - 7 Days a Week

FEE:

PAYMENT OPTION:

PROGRAM DESCRIPTION: Crisis Stabilization Childrens Program Ages 4—11

Crisis Stabilization Adolescent Program 12-18

Adult Program for crisis stabilization & substance abuse.

Partial Hospitalization for Adolescents and Adults

Military Program

AGE OF POPULATION SERVED: 4-Senior Adults

Otero County Counseling Services

1213 Michigan Ave. Alamogordo, NM 88310

CONTACT PERSON: Felise Ward-Turri

CONTACT PHONE NUMBER: 575-430-1829

E-MAIL ADDRESS: fwturri@msn.com

WEBSITE: N/A

HOURS OF OPERATION: 10 A.M. to 5 P.M.

FEE: Varies based on length of session-sliding scale offered

PAYMENT OPTION: Most insurances accepted, check, cash debit/credit cards. No Medicare.

PROGRAM DESCRIPTION:

Counseling services include: *Anxiety *Depression *Stress *Grief *Anger Management *Eating Disorders *Overall Mental Health

I have worked with a lot of kids on probation and I have gone to the schools (AHS, MVMS) to pull kids out for counseling services, if it is difficult for them to get to my office.

AGE OF POPULATION SERVED: 12 yrs. of age to 60 years of age. No Medicare.

Big Brothers Big Sisters of Central New Mexico in Otero County

906 Virginia Ave. Alamogordo, NM 88310

CONTACT PERSON: Meron J. Wilson CONTACT PHONE NUMBER: 575-434-3388 Ext. 4 E-MAIL ADDRESS: <u>mwilson@bbbs-otero.org</u>

WEBSITE: www.bbbs-otero.org

HOURS OF OPERATION: 8:00 am - 5:00 pm

FEE: No fees for services provided

PAYMENT OPTION: N/A

PROGRAM DESCRIPTION:

We provide one-to-one youth mentoring services whereby one caring and responsible adult is matched in a meaningful relationship with a youth aged 6 through 18 years. We ask all volunteers to make at least a one year commitment to their match. Volunteers are matched with youth who have been referred by their teacher or parent. Our school based program, S.T.A.R.S. for Students Taking All the Right Steps, is a partnership with local schools for children in grades K-8. Volunteers meet with a child only at school for one hour once each week. Volunteers assist their Little Brothers and Sisters with homework (completing assignments, staying on task, improving reading or math skills), social skills (getting along with peers respecting authority, impulse or anger control).

We concentrate on the Educational growth and development of youth in our service area. Big Brothers Big Sisters assists the children who need us most, including those living in single parent homes, growing up in poverty and coping with a parental deployment. Our focus is on youth in grades K-8 with priority given to children in grades K-3. We reap the greatest success and achieve the most far reaching and long-lasting outcomes when we successfully match and mentor children in this early age group.

AGE OF POPULATION SERVED: Youth, ages 6-14 years

Canyon Light Inc.

1301 Cuba Ave. Alamogordo, NM 88310

CONTACT PERSON: John or Rhonda Baldonado

CONTACT PHONE NUMBER: 575-437-2453

E-MAIL ADDRESS: canyonlight@cybermesa.com

WEBSITE: N/A

HOURS OF OPERATION: 8:30 A.M. – 6 P.M. Monday - Friday Saturday by appointment only

FEE: Sliding Scale; Most insurance accepted, Medicaid/Centennial Care Accepted. Scholarship programs Available. Only approved DWI School in Otero County.

PAYMENT OPTION: Payment plans available. Offer Senior discounts.

PROGRAM DESCRIPTION:

Our team of Counselors consist of New Mexico Licensed Substance Abuse Counselors and Mental Health Therapists. Our main focus is on Substance Abuse Treatment and Addiction Therapy. We also offer Anger Management, Life Skills, Co-Occurring Therapy, PTSD, Grief/Depression, and Cognitive Behavior Therapy. We offer a CHOICES, 1st Offender/Alternative Sentencing Program. We are a licensed DWI School with the State of New Mexico.

AGE OF POPULATION: Generally, 13 to 65 plus years old.

New Mexico Department of Health Otero County Public Health

1207 8th Street Alamogordo, NM 88310

Continued

PROGRAM DESCRIPTION:

The Family Planning Program promotes and provides comprehensive family planning services, including: clinic-based services, community education, and outreach to promote health and reproductive responsibility. This service helps people make decisions regarding spacing and number of children.

WIC is a supplemental food program for women, infants, and children. WIC provides healthy foods at no cost, and nutrition education. WIC also gives referrals to other health services. WIC services are not age dependent Qualifying for WIC is based on income, being a resident of Otero County, and having a child or being pregnant.

Families First provides developmental assessment to screen babies and toddlers for delays; and helps parents access resources such as: food, transportation, child care, and Medicaid. Free service for those who are uninsured or have Medicaid.

DOH helps support the Otero County Community Health Council and Behavioral Health Collaborative. This is a networking coalition for any community health focused agencies. Organizations with similar goals can support each other to improve our population health and access to services. We provide assistance in identifying resources and in holding community events. Action committees include: Substance Abuse Task Force, Healthy Eating Active Living, and Communities of Care.

AGE OF POPULATION SERVED: All ages.

New Mexico Department of Health Otero County Public Health

1207 8th Street Alamogordo, NM 88310

CONTACT PERSON: Maureen Schmittle, Health Promotion Specialist

CONTACT PHONE NUMBER: 575-437-9340 ext. 5

E-MAIL ADDRESS: <u>maureen.schmitte@state.nm.us</u>

WEBSITE:

http://nmhealth.org/_org and https://www.facebook.com/nmdoh

HOURS OF OPERATION: 8 A.M.—12 P.M. 1 P.M.—5 P.M. Monday—Friday

FEE: Sliding scale, income-based. However, some services are free. If a youth comes in alone there will be no fee. **PAYMENT OPTION:** Cash or Check

PROGRAM DESCRIPTION:

Reproductive Health Services available for those 13 and up, services are confidential and clients may come in without a parent or parental consent:

*Pregnancy testing *Birth control *Sexually Transmitted Diseases tests and treatment *IUD *Pills *Morning after pill *Nexplanon *Depo-Provera *Male condoms *Female Condoms *Family planning *Breast and Cervical Cancer screening for uninsured women over 30 years of age

NM Department of Health Family Planning Program is available to anyone age 13 and older. Individuals are able to qualify for this service without parental consent. Goals of the program are to reduce teen pregnancy, prevent unintended pregnancy, reduce and prevent STDs (sexually transmitted diseases), reduce infant mortality and morbidity rates, and to improve the health of women and men of all ages.

Continued

Center of Protective Environment, Inc. (C.O.P.E.)

909 S. Florida Avenue - Alamogordo, NM 88310 1204 Mechem Ste 12 - Ruidoso, NM 88345

CONTACT PERSON: Kay Gomolak, Executive Director

CONTACT PHONE NUMBER: Alamogordo Office: 575-434-3622, Shelter (Crisis Hotline): 575-437-COPE) (2673), or Toll Free: 1-866-350-COPE (2673) Ruidoso office: 575-258-4946 Fax: 575-258-4949

E-MAIL ADDRESS: <u>kay.gomolak@copedv.org</u>

WEBSITE: www.copedv.org

HOURS OF OPERATION: Offices: 8 a.m. to 5 p.m., Monday through Thursday and 8 a.m. to Noon on Friday. - Shelter available 24/7

FEE: No fee for victims of domestic violence or children who witness domestic violence.

PAYMENT OPTION: N/A

PROGRAM DESCRIPTION:

Full service domestic violence agency non-profit organization founded in 1980 to address the problems of family and relationship violence. We envision a community knowledgeable about domestic violence and abuse and full engaged and committed to it eradication. COPE has offices in Alamogordo and Ruidoso and shelter in Alamogordo. COPE services include: ** 24/7 domestic violence crisis intervention hotline: 575-437-2673 or Toll free: 1-866-350-2673 ** In person crisis intervention and domestic violence safety Planning ** Shelter for survivors of domestic violence and their children ** Individual counseling for survivors of domestic violence ** Group counseling for survivors of domestic violence ** Advocacy services for survivors of domestic violence including assistance with safety planning, legal issues, housing, financial, health, education and employment needs

Center of Protective Environment, Inc. (C.O.P.E.)

909 S. Florida Avenue - Alamogordo, NM 88310 1204 Mechem Ste 12 - Ruidoso, NM 88345

Continued

PROGRAM DESCRIPTION:

** Legal services for survivors of domestic violence including assistance with Orders of Protection and other matters relating to domestic violence ** State certified Intervention programs for individuals who commit or may be at risk to commit domestic violence ** Educational programs on domestic violence, dating violence, stalking and bullying for professionals and community groups (Contact Perry Lawson @ 575-442-6306) ** Educational programs for children on bullying, dating violence and domestic violence (Contact Perry Lawson @ 575-442-6306)

AGE OF POPULATION SERVED: All Age Groups

Mesilla Valley Hospital

3751 Del Rey Boulevard Las Cruces, NM 88012

CONTACT PERSON: Rebecca Mumpower

CONTACT PHONE NUMBER: 575-382-4927

E-MAIL ADDRESS: rebecca.mumpower@uhsinc.com

WEBSITE: mesillavalleyhospital.com

HOURS OF OPERATION: 24 hours 7 days a week

FEE: Accept Tricare, Medicare, Commercial Ins., NM Medicaid & VA Choice.

PAYMENT OPTION: Sliding scale for private pay.

PROGRAM DESCRIPTION:

Mesilla Valley Hospital provides acute inpatient psychiatric care for ages 12 and up. We have an adolescent acute unit; adult and geriatric units for acute care. Boys and girls residential treatment centers. Adult chemical dependency and detox services.

We also offer adult intensive outpatient and adult partial hospitalization outpatient for those with chemical dependency.

We offer assessments 24 hours a day; 7 days a week. Walk-in's accepted.

AGE OF POPULATION SERVED: 12 and up, including gero.

Lynn Kimball-Professional Counseling

1200 N. White Sands Blvd. Alamogordo, NM 88310

CONTACT PERSON: Lynn Kimball

CONTACT PHONE NUMBER: 575-491-2789

E-MAIL ADDRESS: lynn.ellen.kimball@gmail.com

WEBSITE: N/A

HOURS OF OPERATION: 7 A.M. to 5 P.M. Monday—Thursday

FEE:

PAYMENT OPTION: Medicaid, Most Insurance, and Sliding Scale

PROGRAM DESCRIPTION:

Child and Adolescent mental health therapy utilizing creative Art and Play Therapy.

AGE OF POPULATION SERVED: All ages.

Children In Need of Services, Inc. (CHINS)

301 Texas Ave. Alamogordo, NM 88310

CONTACT PERSON: Nancy Hudson

CONTACT PHONE NUMBER: 575-434-3011

E-MAIL ADDRESS: nancyjinnm@msn.com

WEBSITE: chinsnm.com

HOURS OF OPERATION: 8 A.M.—6 P.M. Monday—Friday (mental health services by appt.)

FEE: Most services are billed to Medicaid or a CYFD contract. No co-pays for services. **PAYMENT OPTION:** N/A

PROGRAM DESCRIPTION:

Since 1982, the CHINS counseling program has provided behavioral health services to children and families in Otero County. Our agency has been able to fill a large gap in the service area by providing early intervention services to those who may not meet the criteria for a clinical diagnosis of a psychological disorder, but are nevertheless struggling with stressful situations at home and in the community.

CHINS has always differed from other counseling programs by offering services in a variety of settings; in the office, in client homes, in schools and in the community. We tailor our counseling setting to meet our clients' individual needs and interests and to help children of all ages feel comfortable. Counseling is provided by licensed, professional counselors and includes individual, family and parenting support.

For Counseling Services contact:

Contact Person: Patti Greer Contact Phone Number: 575-434-3011 Contact E-mail: pattig@chinsnm.org

AGE OF POPULATION SERVED: Infants to 18 years old.

Clinical Counseling Services

1617 Rosalia Lane Alamogordo, NM 88310

CONTACT PERSON: Mary E. Sawyers

CONTACT PHONE NUMBER: 575-415-9270

E-MAIL ADDRESS: msawyers15@hotmail.com

WEBSITE: clinicalcounselingservicesalamo.com

HOURS OF OPERATION: 8 A.M.— 6 P.M. Monday — Friday

FEE: Private Insurance and Medicaid Accepted

PAYMENT OPTION:

PROGRAM DESCRIPTION:

Our approach is Cognitive Behavioral in addition to using Family Systems Therapy-Structural, Strategic and Systemic. We come from a trauma informed approach, making sure we look at Trauma and its effects throughout therapy. We use all kinds of interventions from the traditional cog-beh, changing of thoughts to the more hands-on interventions such as Sand Tray Therapy or adding exercise to a session in the form of taking a walk. We try to include parents with all of our children and adolescent clients, in order to include interventions aimed at increasing monitoring, rules and expectations and structure and consistency.

AGE OF POPULATION SERVED: Specialty: Children and Adolescents, but work with all ages.

LaRocque Counseling Associates, LLC

1213 Michigan Avenue Alamogordo, NM 88310

CONTACT PERSON: Robin LaRocque

CONTACT PHONE NUMBER: 575-437-8181

E-MAIL ADDRESS: rocknrobin@beyondbb.com

WEBSITE: N/A

HOURS OF OPERATION: Monday—Sunday By appointment only to include nights and weekends

FEE:

PAYMENT OPTION: Sliding scale and most insurance accepted

PROGRAM DESCRIPTION:

We offer a variety of services for individuals, couples and families with psychological issues to include:

Anxiety—Anger Management—Depression—Addictions/ Substance Abuse—Eating Disorders Grief Issues—Psychological issues related to medical illness— Insomnia, Sleep Disorders—Relationship Issues—Trauma— Various Groups Offered—Psychology Testing-On Site — Medication management-On Site

EMDR Certified and Medication Certified.

Additional Providers: Shiela Weehunt, MA, LMHC Felise Ward-Turri, MS, LMHC Seren-Gale Jackson, MA, LMHC

AGE OF POPULATION SERVED: ages 10 years & up

Kimmie Jordan Mental Health Rehab Services

1215 New York Ave. Alamogordo, NM 88310

CONTACT PERSON: Kimmie Jordan

CONTACT PHONE NUMBER: 575-649-8518

E-MAIL ADDRESS: KimmieJordan@aol.com

WEBSITE: www.MentalHealthRehabServices.com

HOURS OF OPERATION: 9 A.M. to 5 P.M.

FEE: Sliding scale. Blue Cross Blue Shield, Presbyterian, NM Health Connections, Molina and United Health Care Pending

PAYMENT OPTION:

PROGRAM DESCRIPTION:

Individual, group, couples and family counseling sessions to address mental health, substance abuse, family & legal concerns.

AGE OF POPULATION SERVED: 16 to 1000 :)

Counseling Center, Inc. The 501 24th St.

Alamogordo, NM 88310

CONTACT PERSON: Jim Kerlin

CONTACT PHONE NUMBER: 575-430-4537

E-MAIL ADDRESS: jrkerlin@tcc-nm.org

WEBSITE: N/A

HOURS OF OPERATION: 8 A.M.—5 P.M. Monday — Friday

FEE: N/A

PAYMENT OPTION:

PROGRAM DESCRIPTION: *Juvenile Community Corrections

*Community Alternative Placement Program

AGE OF POPULATION SERVED: Under 18

CYFD/JJS Juvenile Probation Office

2200 Indian Wells Road, Suite B Alamogordo, NM 88310

CONTACT PERSON: Carolyn Casillas, Chief JPO

CONTACT PHONE NUMBER: 575-437-0420

E-MAIL ADDRESS: carolyn.casillas@state.nm.us

WEBSITE: CYFD.org

HOURS OF OPERATION: 8 A.M.—5 P.M. Monday—Friday

FEE: N/A

PAYMENT OPTION: N/A

PROGRAM DESCRIPTION:

The Juvenile Probation Office (JPO) provides supervision services to both informal and formal clients. The philosophy driving probation practice in NM is a balanced approach with increased emphasis on treatment and front-end services rather than commitment to facilities. JPO may handle up to three delinquent referral in a two year period informally; clients placed on informal probation are required to complete certain conditions in a specific time period, in lieu of being sent to court. In the case of formal clients, the Court sets the terms of probation with recommendations from the JPO, the Children's Court Attorney, and the youth's attorney. In addition to JPOs , we have two in-house clinical staff that can provide crisis intervention, psycho-educational groups, clinical recommendations, and clinical case management services to JPO-involved youth.

AGE OF POPULATION SERVED: Receive referrals on youth under 18; may work with clients up to the age of 21.

Joan Brumage, LCSW, LISW CACIII

1213 Michigan Ave. Alamogordo, NM 88310

CONTACT PERSON: Joan Brumage

CONTACT PHONE NUMBER: 575-921-1616

E-MAIL ADDRESS: Joantb@homail.com

WEBSITE: N/A

HOURS OF OPERATION: By appointment

FEE: Accept most insurances to include Medicaid & Medicare

PAYMENT OPTION: Insurance and Private Pay

PROGRAM DESCRIPTION:

Private practice (individual and family). I am interested in helping kids and families gain self-empowerment skills and communication skills.

AGE OF POPULATION SERVED: 5 years old to 95 years of age.

Holloman AFB Mental Health Flight

49 MDOS/SGOH 200 First St., Bldg 17 Holloman AFB, NM 88330

CONTACT PERSON: Ltn Colonel Rutherford

CONTACT PHONE NUMBER: 575-572-5676

E-MAIL ADDRESS: <u>Cynthia.rutherford.3@us.af.mil</u>

WEBSITE: www.holloman.af.mil/units/49thmedicalgroup/

HOURS OF OPERATION: (0730) 7:30 A.M.—(1630) 4:30 P.M. Monday—Friday

FEE: N/A

PAYMENT OPTION: Serves Active Duty Members only (no payment required)

PROGRAM DESCRIPTION:

Program serves Active Duty only at this time for triage, assessment and treatment of PTSD, anxiety, depression and pre/post deployment reintegration services. The flight also has an Alcohol and Drug Abuse Prevention and Treatment (ADAPT) program and a Family Advocacy Program serving military families involved in, or at risk of, family violence, abuse or neglect. The flight also provides extensive consultation services for Commanders and First Sergeants.

AGE OF POPULATION SERVED: Only see Active duty at this time.

Desert Rose Counseling Service

1200 N. White Sands Blvd., Suite 112C Alamogordo, NM 88310

CONTACT PERSON: Sherry Hettiger

CONTACT PHONE NUMBER: 575-491-3710

E-MAIL ADDRESS: <u>desertrosecounseling@gmail.com</u>

WEBSITE: N/A

HOURS OF OPERATION: 8 A.M.—5 P.M. Arrangements can be made for evening appointments

FEE: Varies depending on the insurance company/co-pay or if they are on a sliding fee scale. Initial consultation is free.

PAYMENT OPTION: I take most insurances to include Medicaid and there is a sliding fee scale

PROGRAM DESCRIPTION:

I am licensed to provide mental health counseling and I am additionally licensed to provide alcohol and drug counseling. I administer mental health and/or substance abuse assessments for insurance companies, courts, MVD (DWI Related), personal request, etc. I do provide counseling for the following and the list is not all inclusive:

*Adult, couples and teens *Individual and group counseling

*Addictions *Co-occurring disorders

*Substance abuse early intervention *Intensive outpatient program (IOP) *Trauma

*Anger management *Anxiety

*Depression

El Paso Behavioral Health Systems Outpatient Clinic and Inpatient Hospital

1900 Denver Avenue El Paso, TX 79902

CONTACT PERSON: Donna Juarez, Alamogordo and NM Behavioral Health Liaison

CONTACT PHONE NUMBER: For an appointment or consult call 915-539-9644 or direct admission request call.

E-MAIL ADDRESS: donna.juarez@uhsinc.com

WEBSITE: www.elpasobh.com

HOURS OF OPERATION: 8 A.M. to 5 P.M. 24/7 for the Main Hospital, Outpatient on the East and Northeast

FEE: For a daily fee please call, 915-544-4000

PAYMENT OPTION: Accept most insurance and self-pay can be arranged

PROGRAM DESCRIPTION:

We offer a full spectrum of programs and treatments specifically tailored to the unique needs and requirements of each individual. El Paso Behavioral Health System is where healing starts. We believe people deserve a voice in their care. Working with you, we can open a safe path to a better life for your child. We focus on innovation and individuality. As personal situations change, so do our care plans. Below are the many different programs we offer:

**Adult Program **Adult Psychiatric Intensive Care Unit **Women's Program, **Senior Program **Substance Abuse and Dependency Program **Child and Adolescent Program **Military Program **Electroconvulsive Therapy (ECT) **Transcranial Magnetic Stimulation (TMS)

AGE OF POPULATION SERVED: Age 4 to Seniors

Gerald Champion Regional Medical Center Life Transitions Behavioral Health Services

2539 Medical Dr./Complex A, Suite 104 Alamogordo, NM

CONTACT PERSON: Leslie Rick CONTACT PHONE NUMBER: 575-446-5303

E-MAIL ADDRESS: <u>lrick@gcrmc.org</u> WEBSITE: gcrmc.org

HOURS OF OPERATION: 8 A.M. to 5 P.M. Monday through Thursday 8 A.M. to 12 P.M. Friday

FEE: Varies depending on the service provided **PAYMENT OPTION:** All insurances accepted

PROGRAM DESCRIPTION:

Life Transitions provides individualized treatment for anyone 18 and over experiencing difficulty with mental health issues. The program consists of an inpatient unit, outpatient medication management clinic and group.

The inpatient unit offers acute inpatient treatment for individuals with a primary mental health diagnosis and/or co-occurring disorders.

The outpatient services offered are: medication management services, group therapy for older adults, and group therapy for adults experiencing difficulties with substance abuse use and mental health issues.

Treatment is supervised by a Psychiatrist and provided by a team that includes Masters Level clinicians and mental health providers.

During regular business hours (Monday through Friday 8 a.m. to 5 p.m.) please contact the Outpatient Clinic at 575-446-5303 for admission questions and referrals. After hours, please contact the Inpatient Unit at 575-446-5310.

AGE OF POPULATION SERVED: 18 years of age and older